

## ***1000 Instant Words***

This is a list of high frequency words most commonly used in the English language. They appear in order of frequency (the most common words first).

Beginning readers, whose ability ranges from none to upper 5th grade ability, need to master a high frequency vocabulary for healthy reading abilities and comprehension.

Developing readers need to be able to read the first 300 words "instantly" without a moment's hesitation because these 300 words make up 65% of all written material.

### **Words 1-30**

the	of	and
a	to	as
with	his	they
I	in	is
you	that	it
at	be	this
have	from	he
was	for	on
are	or	one
had	by	word

### **Words 31-60**

but	not	what
all	were	she
do	how	their
if	we	when
your	can	said
will	up	other
about	out	there
use	an	each
which	many	then
them	these	so

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### **Words 61-90**

some	her	would
make	like	him
into	time	has
look	two	more
write	go	see
number	no	way
could	people	my
than	first	water
been	call	who
oil	now	find

### **Words 91-120**

long	down	day
did	get	come
made	may	part
over	new	sound
take	only	little
work	know	place

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year	live	me
back	give	most
very	after	thing
our	just	name

### **Words 121-150**

good	sentence	man
think	say	great
where	help	through
much	before	line
right	too	mean
old	any	same
tell	boy	follow
came	want	show
also	around	form
three	small	set

### **Words 151-180**

put	end	does
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another	well	large
must	big	even
such	because	turn
here	why	ask
went	men	read
need	land	different
home	us	move
try	kind	hand
picture	again	change

### **Words 181-210**

off	play	spell
air	away	animal
house	point	page
letter	mother	answer
found	study	still
learn	should	America
world	high	every
near	add	food

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between

own

below

country

plant

last

### **Words 211-240**

school

father

keep

tree

never

start

city

earth

eye

light

thought

head

under

story

saw

left

don't

few

while

along

might

close

something

seem

next

hard

open

example

begin

life

### **Words 241-270**

always

those

both

paper

together

got

group

often

run

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important	until	children
side	feet	car
mile	night	walk
white	sea	began
grow	took	river
four	carry	state
once	book	hear

### **Words 271-300**

stop	without	second
late	miss	idea
enough	eat	face
watch	far	Indian
real	almost	let
above	girl	sometimes
mountain	cut	young
talk	soon	list
song	being	leave
family	it's	afternoon

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### **Words 300-330**

body	music	color
stand	sun	questions
fish	area	mark
dog	horse	birds
problem	complete	room
knew	since	ever
piece	told	usually
didn't	friends	easy
heard	order	red
door	sure	become

### **Words 331-360**

top	ship	across
today	during	short
better	best	however
low	hours	black
products	happened	whole

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measure	remember	early
waves	reached	listen
wind	rock	space
covered	fast	several
hold	himself	toward

### **Words 361-390**

five	step	morning
passed	vowel	true
hundred	against	pattern
numeral	table	north
slowly	money	map
farm	pulled	draw
voice	seen	cold
cried	plan	notice
south	sing	war
ground	fall	king

### **Words 391-420**



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town	I'll	unit
figure	certain	field
travel	wood	fire
upon	done	English
road	half	ten
fly	gave	box
finally	wait	correct
oh	quickly	person
became	shown	minutes
strong	verb	stars

### **Words 421-450**

front	feel	fact
inches	street	decided
contain	course	surface
produce	building	ocean
class	note	nothing
rest	carefully	scientists
inside	wheels	stay

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green	known	island
week	less	machine
base	ago	stood

### **Words 451-480**

plane	system	behind
ran	round	boat
game	force	brought
understand	warm	common
bring	explain	dry
though	language	shape
deep	thousands	yes
clear	equation	yet
government	filled	heat
full	hot	check

### **Words 481-510**

object	am	rule
among	noun	power

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cannot	able	six
size	dark	ball
material	special	heavy
fine	pair	circle
include	built	can't
matter	square	syllables
perhaps	bill	felt
suddenly	test	direction

## **Words 511-540**

center	farmers	ready
anything	divided	general
energy	subject	Europe
moon	region	return
believe	dance	members
picked	simple	cells
paint	mind	love
cause	rain	exercise
eggs	train	blue

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wish

drop

developed

### **Words 541-570**

window

difference

distance

heart

sit

sum

summer

wall

forest

probably

legs

sat

main

winter

wide

written

length

reason

kept

interest

arms

brother

race

present

beautiful

store

job

edge

past

sign

### **Words 571-600**

record

finished

discovered

wild

happy

beside

gone

sky

glass

million

west

weather

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root	instruments	meet
third	months	paragraph
raised	represent	soft
whether	clothes	flowers
shall	teacher	held
describe	drive	lay

### **Words 601-630**

cross	speak	solve
appear	metal	son
either	ice	sleep
village	factors	result
jumped	snow	ride
care	floor	hill
pushed	baby	buy
century	outside	everything
tall	already	instead
phrase	soil	bed

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### **Words 631-660**

copy	free	hope
spring	case	laughed
nation	quite	type
themselves	temperature	bright
lead	everyone	method
section	lake	consonant
within	dictionary	hair
age	amount	scale
pounds	although	per
broken	moment	tiny

### **Words 661-690**

possible	gold	milk
quiet	natural	lot
stone	act	build
middle	speed	count
cat	someone	sail
rolled	bear	wonder

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smiled	angle	fraction
Africa	killed	melody
bottom	trip	hole
poor	let's	fight

### **Words 691-720**

surprise	French	died
beat	exactly	remain
dress	iron	couldn't
fingers	row	least
catch	climbed	wrote
shouted	continued	itself
else	plains	gas
England	burning	design
joined	foot	law
ears	grass	you're

### **Words 721-750**

grew	skin	valley
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cents	key	president
brown	trouble	cool
cloud	lost	sent
symbols	wear	bad
save	experiment	engine
alone	drawing	east
pay	single	touch
information	express	mouth
yard	equal	decimal

## **Words 751-780**

yourself	control	practice
report	straight	rise
statement	stick	party
seeds	suppose	woman
coast	bank	period
wire	choose	clean
visit	bit	whose
received	garden	please



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strange

caught

fell

team

God

captain

### **Words 781-810**

direct

ring

serve

child

desert

increase

history

cost

maybe

business

separate

break

uncle

hunting

flow

lady

students

human

art

feeling

supply

corner

electric

insects

crops

tone

hit

sand

doctor

provide

### **Words 811-840**

thus

won't

cook

bones

tail

board

modern

compound

mine

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Wasn't	fit	addition
belong	safe	soldiers
guess	silent	trade
rather	compare	crowd
poem	enjoy	elements
except	expect	flat
seven	interesting	indicate

## **Words 841-870**

sense	string	blow
famous	value	wings
movement	pole	exciting
branches	thick	blood
lie	spot	bell
fun	loud	consider
suggested	thin	position
entered	fruit	tied
rich	dollars	send
sight	chief	Japanese

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### **Words 871-900**

stream	planets	rhythm
eight	science	major
observe	tube	necessary
weight	meat	lifted
process	army	hat
property	particular	swim
terms	current	park
sell	shoulder	industry
wash	block	spread
cattle	wife	sharp

### **Words 901-930**

company	radio	we'll
action	capital	factories
settled	yellow	isn't
southern	truck	fair
printed	wouldn't	ahead

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chance	born	level
triangle	molecules	France
repeated	column	western
church	plural	various
agreed	sister	oxygen

### **Words 931-960**

opposite	wrong	chart
prepared	pretty	solution
fresh	shop	suffix
especially	shoes	actually
nose	afraid	dead
sugar	adjective	fig
office	huge	gun
similar	death	score
forward	stretched	experience
rose	allow	fear

### **Words 961-1000**

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workers	Washington	Greek
women	bought	led
march	northern	create
British	difficult	match
win	doesn't	steel
total	deal	determine
evening	nor	rope
cotton	apple	details
entire	corn	substances
smell	tools	conditions
cows	track	arrived
located	sir	seat
division	effect	underline
view		